

Bikeability Scheme Health Check

Camden Scheme Health-check		©Cycle Training UK 2011
Session Feedback		
Lead Instructor	xxxxxxxxxx	
Co instructor	xxxxxx	
School	xxxxxxxx School	
Session type	Level 1 group	
Date	xx/xxx/2011	
Instructor Feedback		
Overall trainee experience	Quam commodo magna dapibus placerat. Aenean condimentum. Mauris volutpat, nisi vel ultrices porttitor, lectus magna iaculis mauris, vel facilisis magna.	Actions
Risk management	Lorem ipsum dolor sit amet, consectetur adipiscing elit. Nam eu nulla. Donec lobortis purus vel urna. Nunc laoreet lacinia nunc. In volutpat sodales ipsum. Sed vestibulum. Integer in ante	Quisque a nunc eget nibh interdum fringilla. Fusce dapibus odio in est. Nunc egestas mauris ac leo. Nullam orci.
Teaching & Communication	Sed posuere ligula rhoncus erat. Fusce urna dui, sollicitudin ac, pulvinar quis, tincidunt et, risus. Quisque a nunc eget nibh interdum fringilla. Fusce dapibus odio in est. Nunc egestas mauris ac leo. Nullam orci.	Donec lobortis purus vel urna. usce urna dui, sollicitudin ac, pulvinar quis, tincidunt et, risus.
National Standard syllabus & outcomes	Fusce interdum. Miacel as et elit s. J nola dign. ante. Nunc. Sed laoreet. Aenean. Puras ullamcorper nibh. Sed laoreet. Praesent vehicula suscipit ligula. Morbi ullamcorper.	Iam justo augue, g. t. a, hendrerit in, ultricies in, leo. Nullam eleifend. Duis tempor ipsum vitae diam. Curabitur felis dui, bibendum vitae, luctus quis, volutpat sed, orci.
Paperwork & Logistics	Proin sapien. Duis eleifend. Praesent tempor velit molestie neque. Lorem ipsum dolor sit amet, consectetur adipiscing elit. Sed mollis justo eget augue. Donec tempus, urna a congue ultrices, lacus magna convallis nulla, non ultrices metus justo et purus.	Suspendisse dolor. Cras quam augue, consectetur id, auctor ut, tincidunt a, velit.
Scheme feedback	<ol style="list-style-type: none"> 1. Sed vestibulum. Integer in ante. Sed posuere ligula rhoncus erat. Fusce urna dui, sollicitudin ac, pulvinar quis, tincidunt et, risus. 2. Quisque a nunc eget nibh interdum fringilla. 3. Sed posuere ligula rhoncus erat. 4. Sed laoreet. Praesent vehicula suscipit ligula. 	

OVERVIEW

The Health Check Scheme aims to assess the quality of Bikeability training delivered within an organisation by:

- Evaluating the experience of the trainees in relation to the National Standard outcomes as well as the extent to which trainees enjoy the training
- Assess the level of risk during the training
- Assess the quality of teaching
- Give individual feedback and actions points to instructors
- Issues guidance and actions points to the Bikeability Scheme Manager to enable the organisation to deliver the highest quality of cycle training

DELIVERABLES

- Consultation – to develop a scheme to meet your organisation’s requirements
- Observations of training sessions and verbal feedback by an advanced CTUK National Standards Instructor Trainer
- Written report for each instructor of the session(s)
- Final written report outlining professional development recommendations for individuals to the scheme

AUDIENCES

Local authority in-house schemes
 Independent Bikeability schemes
 ITOs as part of peer review programme
 Cycle activity organisers

COST

We would be happy to provide costs to deliver a Bikeability Health Check after consultation with you. (Costs will vary depending on the scale of the project, no of instructors/sessions to be assessed etc)

Sample Instructor Session Report

CASE STUDY: BIKEABILITY HEALTH CHECK FOR CAMDEN LOCAL AUTHORITY

Camden Senior Road Safety Officer, Richard Riddle, commissioned Cycle Training UK to observe six school cycle training sessions during the Spring Term.

‘We thought it would be useful to have an objective viewpoint, someone from outside the Borough to assess our team of instructors. With Cycle Training UK’s experience in the sector it made sense to use them to carry out the health check.’ Richard Riddle, Senior Road Safety Officer

Detail of the Camden Health Check - Schools

At each session one instructor took the lead role, the other the co-instructing/support role. Two Level 1 sessions and four Level 2 sessions were observed. Following each session both instructors attended a feedback session where the instructors were encouraged to reflect on the session focusing on:

- their overall impression of what worked well
- suggestions of what could have gone better
- their risk management
- their teaching and communication
- the quality and quantity of National Standard outcomes
- action points

CASE STUDY : BIKEABILITY HEALTH CHECK FOR CAMDEN LOCAL AUTHORITY cont

Each instructor received a written report focussing on the assessment criteria. The Scheme Manager received a copy of each instructors report and a general report with recommendations regarding the scheme as a whole, including suggested ideas for further development and continuous professional development.

'I wanted Levels 1 and 2 assessed. The feedback was very useful as it confirmed my own assessment and created a dialogue between myself and my team. The check enabled us to make some tweaks to our training. I think the idea of a check is a very good one. You get an objective outside view of your training and it sets a benchmark to improve the quality of your delivery. At the moment there is little assessment of the quality of work being delivered in the sector.' Richard Riddle, Senior Road Safety Officer

The Final Report provided an overview of the areas covered in the observation sessions including:

- The Trainee Experience
- Risk Management
- Teaching & Communication
- National Standards Outcomes
- Paperwork & Logistics
- Recommendations

'As an independent observer of Camden's instructor team I was able to highlight much good practice as well as recommend some improvements across the whole scheme. These could easily be tweaked ensuring the borough's training is low risk and high quality. Individual instructors were also able to up the ante through this process' David Dansky CTUK

FOR MORE INFORMATION: Call Maresha on 020 72324382 or email maresha@cycletraining.co.uk



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